AWARENESS TRAINING · HEALTH & SAFETY

Psychological Health and Safety at Work Training (ISO 45003)

Self-paced online training (video) · 10 modules · about 120 min of video · about 3 hours in total · English, with captions

Manage psychosocial risks at work as part of your ISO 45001 system: what the hazards are, how to identify and assess them, controls that change the design of work, and support for return to work.

WHO IT IS FOR

Health and safety managers, HR managers and business partners, line managers and team leaders, ISO 45001 system owners and coordinators, safety representatives, and internal auditors and consultants who review how psychosocial risks are managed.

WHAT YOU WILL LEARN

- Explain what psychosocial hazards are and how they affect health, safety and performance
- Show where ISO 45001:2018 requires psychosocial hazards to be managed, and where ISO 45003 fits
- Identify and assess psychosocial risks with workers, using more than one source of evidence
- Apply the hierarchy of controls to the design and organisation of work
- Describe the roles of managers and the consultation and participation of workers
- Monitor whether controls work and support a planned return to work

MODULES (10)

1. Why it matters
2. What ISO 45001 requires
3. Where ISO 45003 fits
4. What psychosocial hazards are
5. Identifying and assessing the risks
6. Controls and work design
7. The role of managers
8. Consultation and participation
9. Monitoring and review
10. Return to work and next steps

PRICE

US$19 per learner

Per learner, by team size

1–10 learners	**US$19**
11–50 learners	**US$15**
51–200 learners	**US$13**

Excluding taxes.

DURATION

About 3 hours in total (118 minutes of video)

MODULES

10

FORMAT

Self-paced online training (video)

LANGUAGE

English, with captions

ACCESS

12 months

CERTIFICATE

Sterling Academy Certificate of Completion

Scan for the course page, prices and enrolment